



KOIN Connection

VOLUME 9 ISSUE 2 CABINET FOR HEALTH AND FAMILY SERVICES SUMMER 2015

Upcoming Fall 2015 ITV Workshop - Oct. 28, 2015

The 2015 annual Kentucky Outreach and Information Network/ Kentucky Functional Needs Collaborative (KOIN/KFNC) Interactive Television (ITV) workshop is scheduled for Oct. 28, 2015, from 10 a.m. to noon Eastern Time. It will be broadcasted to local health department ITV sites that have signed up to participate. Last year's workshop had a total of 125 participants that attended at 49 sites. The ITV format allows KOIN/KFNC members located throughout the state to meet regionally at their local health departments to utilize the ITV technology and reduce the need

to travel long distances for the annual meeting. It also allows participants to become better acquainted and form working relationships in the event they need to work together when disasters strike.

This year's workshop will feature presentations on the Shelter Workbook currently being developed; Medical Needs Shelter Plan; School Staff Preparedness Resource Tools for Responding to Disasters; Assisting Non-English Speaking Individuals During Emergencies and Disasters; Protection Through Im-

munizations; Project CARAT (Coordinating and Assisting the Reuse of Assistive Technology); and an update on the KOIN and KFNC.

If you are interested in attending the upcoming workshop and haven't already been contacted, please contact Barbara Fox at BarbaraJ.Fox@ky.gov, (502) 564-6786, ext. 3102 or Kenyetta.Pinkston@ky.gov, (502) 564-7243, ext. 4049.

We are looking forward to seeing you at the upcoming workshop!

National Preparedness Month - September 2015

September is National Preparedness Month. This year's theme "*Don't Wait. Communicate. Make Your Emergency Plan Today*" reminds you to take action now and make an emergency plan. The plan should include planning measures for your community, your family and for your pets.

During this month you can learn how to stay safe and communicate during the disasters that can affect you and your community.

National Preparedness Month is centered on the following five weekly themes:

- Week 1 (Sept. 1-5) - Flood
- Week 2 (Sept. 6-12) - Wildfire
- Week 3 (Sept. 13-19) - Hurricane
- Week 4 (Sept. 20-26) - Power Outage
- Week 5 (Sept. 27-30) - Lead up to National PrepareAthon! Day on Sept. 30

The National PrepareAthon! Day is a national community-based

campaign for action with emphasis placed on increasing emergency preparedness through hazard specific drills, group discussions and exercises.

For more information on National Preparedness Month and National PrepareAthon! Day visit <http://www.ready.gov/september>.

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FEMA App is One Stop Shop for Disasters

The Federal Emergency Management Agency (FEMA) free app is a valuable tool that aids in keeping you safe before, during and after disasters by staying updated with weather-related alerts, information on building an emergency preparedness kit and disaster aid.

The app is divided into four main sections: Prepare; Weather Alerts; Disaster Resources; and Disaster Reporter. The sections are brightly colored to separate them from each other on the screen.

The Prepare section contains information on disaster safety tips and building an emergency kit. It also contains a section where you can add pre-designated emergency meeting locations with family and friends.

The Weather Alerts section allows you to add up to five pre designated weather alerts locations. Information on weather conditions is provided by the National Weather Service.

The Disaster Resources section contains information on how to apply for disaster assistance, as well as current locations for emergency shelters and disaster recovery centers.

The Disaster Reporter section allows the sharing of disaster-related information for events occurring within the U.S., so that citizens, first responders, emergency managers, community response & recovery teams and others can view and contribute information on a publicly accessible map. It also permits users to take a photograph in a disaster area and submit it, along with a short text description. All approved disaster-related photos and text are posted.

There are also areas on the screen where you can access blogs and information on volunteering opportunities and donations.

For more information on the FEMA app visit <http://www.fema.gov/mobile-app>.



Great Central U.S. ShakeOut Drill - October 15, 2015

The Great Central U.S. ShakeOut Drill is scheduled for October 15, 2015 at 10:15 a.m. The Great ShakeOut Earthquake Drills are an annual opportunity for people in homes, schools and organizations to practice actions to take during earthquakes and to improve preparedness. It is important to do a **Drop, Cover and Hold On** drill in order to react quickly. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down or drops something on you and practicing helps you to be ready to respond.

If you are inside a building, move no more than a few steps, then **Drop, Cover and Hold On:**

- **DROP** to the ground (before the earthquake drops you!),
- Take **COVER** by getting under a sturdy desk or table, and
- **HOLD ON** to it until the shaking stops.

Stay indoors until the shaking stops and you are sure it is safe to exit. In most buildings you are safer if you stay where you are until the shaking stops.

If you are outdoors when the shaking starts, you should find a clear spot away from buildings, trees, streetlights and power lines, then **Drop, Cover and Hold On**. Stay there until the shaking stops.

If you are driving, pull over to a clear location, stop and stay there with your seatbelt fastened until the shaking stops then proceed with caution and avoid bridges or ramps that might have been damaged.

For more information on the Great Central ShakeOut, visit <http://www.shakeout.org/centralus/index.html>.

Free KOIN Materials Available

There are plenty of free KOIN materials available to members by simply requesting them. If you are interested in obtaining KOIN materials, please contact Barbara Fox, KOIN Coordinator, at BarbaraJ.Fox@ky.gov or call (502) 564-6786, ext. 3102. When requesting materials, please provide the name of the material(s), the quantity requested and a mailing address.

Free Materials Available:

- Folding Pandemic Flu Brochure (English and Spanish versions available)
- Be Safe. Be Prepared. Children's Emergency Preparedness Coloring Book
- Emergency Preparedness Refrigerator Magnet (English, Spanish and Braille versions available)
- Updated KOIN Training Video DVD with Accompanying User's Manual
- KOIN ID Badges
- Kentucky Emergency Guide Folding Pocket Card
- Updated Kentucky Department for Public Health Brochure with Pictograms (English and Spanish versions available)

All requests for materials are promptly mailed out so please request your KOIN materials today.

If you have any suggestions for future KOIN materials related to public health preparedness, please contact Barbara Fox.

HELPFUL EMERGENCY CONTACT INFO:

How to Get Help/Medical Emergency - Dial 911

Poison Control Hotline - 800-222-1222

Disease Reporting Hotline - 800-973-7678

**Division of Emergency Management -
800-255-2587 or 502-607-1611**

KY Dept. for Public Health - 502-564-3970

**Cabinet for Health and Family Services Office of
Communications - 502-564-6786**

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We're on the Web!
<http://healthalerts.ky.gov/KOIN>