

PROTECT YOURSELF FROM ZIKA!



Zika Prevention Kit

Your Zika Prevention Kit should contain products to help prevent spread of Zika. Please use these items to protect yourself against Zika virus.



Bed net

- Keep mosquitoes out of your room day and night. If your room is not well screened, use this bed net when sleeping or resting.
- Mosquitoes can live indoors and will bite at any time, day or night.
- Please note, this netting may be insecticide-treated, see label, for added protection.



Standing water treatment tabs

- Use standing water treatment tabs to kill larvae in standing water.
- Always follow instructions on the package.
- When used as directed, these tabs will not harm pets.



Insect repellent

- Use only an EPA-registered insect repellent like the one provided in this kit.
- Always follow the product label instructions.
- Reapply insect repellent as directed.
- Do not spray repellent on the skin under clothing.
- If you are also using sunscreen, apply sunscreen first and insect repellent second.
- When used as directed, these insect repellents are proven safe and effective even for pregnant and breastfeeding women.



Permethrin spray

- Use permethrin to treat clothing and gear (boots, pants, socks, tents, and other fabrics).
- Always follow instructions on the bottle. Reapply as directed.
- Do not use permethrin products directly on skin.



Condom

- Sexual transmission of Zika virus from a male partner is possible.
- If you have sex (vaginal, anal, or oral) with a male partner with recent travel to a Zika-affected area, you should use condoms the right way every time.
- Follow directions on the box.
- Condoms can also help prevent HIV and other sexually transmitted diseases.

Prevention Guidance

- Male travelers who remain without any symptoms for two weeks after travel should use condoms for 8 weeks after departure from a Zika-affected area. Male travelers who develop symptoms within two weeks of travel to a Zika-affected area should use condoms for 6 months after travel. Male travelers should wear condoms throughout the duration of pregnancy if partner is pregnant.
- Female travelers should take steps to prevent conception for at least 8 weeks after return from Zika-affected area.
- All travelers should take steps to prevent mosquito bites (use insect repellent) during travel and for 3 weeks after travel to ensure our local mosquitoes do not become infected.
- Travelers who develop symptoms (fever, rash, joint pain, or conjunctivitis) within two weeks after travel to Zika-affected area should inform their medical provider and discuss need for testing.

